

# Spencerport Breakfast Menu – January 2024

**Breakfast: FREE TO ALL STUDENTS**

Monday	Tuesday	Wednesday	Thursday	Friday
1 NEW YEARS DAY	2 French Toast stick w/ sausage	3 Warm Pastry	4 Pancakes w/ sausage	5 Warm Pastry
8 Warm Pastry	9 Breakfast Pizza	10 Warm Pastry	11 Waffles w/ sausage	12 Warm Pastry
15 MLK DAY	16 Pancakes w/ sausage	17 Warm Pastry	18 Breakfast Sandwich	19 Warm Pastry
22 Warm Pastry	23 Breakfast Pizza	24 Warm Pastry	25 Waffles w/ sausage	26 Warm Pastry
29 Warm Pastry	30 French Toast stick w/ sausage	31 Warm Pastry		

## Assorted Milk Available (choose one)

Skim, 1% and No Fat Chocolate

## May choose one of the following:

Juice, Fresh Fruit, or Dished Fruit



## Unless you choose the Hot Breakfast Item, you must choose One or Two items from this Category:

Assorted Cereal

Assorted Pastries

2 oz. Muffin

4 oz. Yogurt

Cheese Stick

## OR

Bagel (Assorted with plain white bagels available)

Pre-made Cold breakfast meals

Breakfast Breaks (This is a complete meal – may take one additional juice or fruit & a milk)



## *Requirements for the School Breakfast Program:*

- All grains must be whole-grain rich (must contain at least 50% whole grain)
- At least 1 full cup of fruit must be offered daily, and students are required to take at least a half cup (so students must take either a fruit or a juice, which may be either fresh or canned, in addition to the main entrée and the milk)